

# Lenten Sustainable Living Calendar

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
			<b>February 17</b> ASH WEDNESDAY Say Prayer 38, p. 827, BCP			
<b>21</b> LENT 1 Pray for our soil, that it be clean and fruitful	<b>22</b> Lower the temperature on the water heater	<b>23</b> Change 5 light bulbs to CFL's	<b>24</b> Purchase reusable shopping bags for all shopping	<b>18</b> During Lent set a goal to prevent all food waste	<b>19</b> Buy milk in a glass container	<b>20</b> Wash and reuse your Ziplock bags
<b>28</b> LENT 2 Pray for our air, that it be clear and healthful	<b>March 1</b> Make a plan to reduce the amount of laundry each week	<b>2</b> Organize a place inside to hang laundry up to dry	<b>3</b> Make a family resolution to reduce shower time by one minute	<b>25</b> Plan how to walk instead of riding while doing errands	<b>26</b> Wash and reuse plastic grocery bags for bulk and produce items	<b>27</b> Recycle all paper, not Just newspaper
<b>7</b> LENT 3 Pray for our atmosphere, that we bring our carbon ratio down to 350 ppm	<b>8</b> Encourage a person / business / organization to stop using bottled water	<b>9</b> Locate a place that recycles #5 items and use it	<b>10</b> Buy in bulk: pasta, grains, and beans	<b>4</b> Replace a disposable item with a permanent item	<b>5</b> Recycle printer ink cartridges	<b>6</b> Organize a carpool to church or another event
<b>14</b> LENT 4 Pray that there be enough clean water to meet the needs of Creation	<b>15</b> Resolve not to buy styrofoam or order from take-out businesses who use it	<b>16</b> Encourage a person / business / organization to use naturally produced take-out containers	<b>11</b> While washing dishes by hand, use a rinse pan rather than keeping the water running	<b>11</b> While washing dishes by hand, use a rinse pan rather than keeping the water running	<b>12</b> Buy green household cleaning products	<b>13</b> Buy everyone in the family a non-disposable water bottle for daily use
<b>21</b> LENT 5 Pray that a way be found for transportation and electricity to be used without harm	<b>22</b> Make a commitment to buy one item of organic cotton	<b>23</b> Buy in bulk – flour, honey, cooking oils	<b>17</b> Make a donation to an organization that provides clean water internationally	<b>18</b> Reduce waste. We all throw away too much.	<b>19</b> Resolve to buy fair trade coffee, chocolate and bananas	<b>20</b> Buy local cheese
<b>28</b> PALM SUNDAY Pray that the knitting together of God's creation may again be made whole.	<b>29</b> MONDAY IN HOLY WEEK Visit ecologyactioncenter.org to make spring yard plans	<b>30</b> TUESDAY IN HOLY WEEK Research native plants for spring planting	<b>24</b> Use the dishwasher's quickest cycle for all but the dirtiest dishes – and skip the prerinse	<b>25</b> Turn off the water while you wash your hair to save up to 150 gallons a month	<b>26</b> Resolve not to put any phosphorus in fertilizer on your lawn	<b>27</b> Plan and purchase necessities For beginning or continuing composting
<b>4</b> EASTER DAY Give thanks for the amazing world God has given us			<b>31</b> WEDNESDAY IN HOLY WEEK Plan and purchase necessities for promoting wildlife in your yard	<b>April 1</b> MAUNDY THURSDAY Explore a rain garden or rain harvesting	<b>2</b> GOOD FRIDAY Pray for forgiveness for the destruction that we have unwittingly done.	<b>3</b> HOLY SATURDAY EASTER EVE Pray: Lord help us to find a way to not depeople the earth